

School Update – 30th November 2018

Dates for the Diary:

DECEMBER

Wednesday 5th

Open Day – 9.15am for children starting in Reception in September 2019

Friday 7th

PTFA Christmas Secrets Room

Friday 14th

Christmas Jumper Day

Monday 17th

Reception Christmas Production – 2.00pm
Parents welcome
(More info to follow)

Tuesday 18th

Reception Christmas Production – 9.30am
Parents welcome
(More info to follow)

Wednesday 19th

Christmas Dinner
(Only for children who are on school dinners)

Wednesday 19th

KS1 Christmas Parties
(More information to follow)

Thursday 20th

KS2 Christmas Parties
(More information to follow)

Friday 21st

School Closes at 3.30pm for the Christmas holidays
(re-open Mon 7th Jan 19)

SLEEP SURVEY

Thank you to those families who completed and returned our sleep survey (although this was only 29%). Below is a table to show the AVERAGE results for each year group.

The positive news is that our averages are in line with recommendations. 😊

The bad news is that some individual surveys clearly show that some pupils are getting less than the recommended hours of sleep. 😞

	AVERAGE sleep at Ladybridge	How much sleep is recommended?
Reception	11+ hours	11-12 hours
Y1	11 hours	11-12 hours
Y2	11 hours	11-12 hours
Y3	10 ¾ hours	10-11 hours
Y4	10 ½ hours	10-11 hours
Y5	10 ½ hours	10-11 hours
Y6	10 ¼ hours	10-11 hours

Here are 5 tips to help get a good night's sleep:

- Read a book before bed (not screens)
- Lower the lights
- Avoid caffeine (includes cola and chocolate, as well as tea and coffee) many hours before bed as it is a stimulant - it can take as long as 8hrs for caffeine to wear off.
- Avoid large meals late on.
- The most important factor in promoting good sleep and helping the body and brain stay healthy, is to go to bed and wake up at the same time every day.



Secrets Room Friday 7th December - please remember to bring your money to the office by Tuesday 4th December. 🎁

Christmas Jumper Day Friday 14th December - wear your Christmas Jumper/Christmas accessories for a donation. Monies raised will be split between school PTFA funds and the Year 6 nominated charity - the Royal British Legion. 🎅

'Mega' Treat Friday, 14th December - join us under the canopy in Key Stage 1 playground for festive treats, hot chocolate and other yummy delights. 🍪



Arrangements for school closure in the event of severe weather conditions

If school needs to close due to severe weather conditions, we will text to advise parents and carers. It will also be put on the Local Authority website - this can be checked at www.bolton.gov.uk

Useful Information

School telephone number:
01204 333646

School email address:
office@ladybridge.bolton.sch.uk

School website:
www.ladybridgeprimaryschool.co.uk

Attendance Matters

Attendance For this week

😊 97.47% 😊

Class with the best attendance: **1B – 100%**
Most punctual class: **2B and 3L – 100%**

Remember Attendance Matters; Be in School All Day, Every Day.



Each week, we will focus on work undertaken by a different class. This week it is the turn of 1B...

This week in 1B, we have been busy continuing our Design and Technology project. We have been designing our very own sliders on the iPads before creating them using the cutting skills we have learnt. We have loved learning new cutting skills to construct sliders and we are very proud of our final products.



The Weekly Mission, if you choose to accept it!

- 1) Complete the word of the week challenge.
- 2) Can you recall all the different people we have learnt about in our weekly assemblies?
- 3) Go on 'Life' and post your thoughts and ideas.

You can do any or all... the choice is yours!

Next week's word of the week is... Circumnavigate

HOW'S YOUR PARKING?

Please will you consider others when driving and parking around school. I have had to deal with **another complaint from a neighbour**. Therefore, we ask again, please park with care and consideration, so that people living around school can also drop their children off at school, get to their work on time, and go about their morning routines without unnecessary stress. Please do not block driveways or cars into spaces when dropping your children off. Please also ensure that emergency services have easy access to local houses.

We appreciate that it is difficult to park at peak times, but for the safety of everyone please do so sensibly. Even though there are no double yellow lines at the school entrance, it is still illegal to park with your wheels on the kerb; it forces disabled people and prams on to the road. Cars parked on the kerb also cause poor visibility for other children and adults. **Mr Watson, Head Teacher**



PLEASE ENSURE THAT YOU UPDATE THE SCHOOL OFFICE WITH ANY CHANGES TO YOUR CHILD'S DETAILS.

PARENT VIEW

We would like your thoughts on our school, at any time...

Please visit <https://parentview.ofsted.gov.uk/> and click on the 'Give Your Views' link to tell Ofsted what you think about your child's school. You can visit the Parent View website at any time and complete the questionnaire. Parent View is accessed by Ofsted to check how parents feel about the school.

